



*Solutions to improve the quality of life*

**This product may be purchased from Connevens Limited secure online store  
at [www.DeafEquipment.co.uk](http://www.DeafEquipment.co.uk)**



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# ProGuard

HEARING PROTECTION

The perfect solution for anyone  
concerned about hearing protection

## Customised Personal Earplugs

### FITTING INSTRUCTIONS.

1. Before fitting any earplugs, make sure your hands are clean.
2. Reach around your head and pull up and back on your outer ear. This straightens out the ear canal, making way for a snug fit. N.B. The orientation of your ear canal will be backwards and upwards.
3. The left and right hand side earplugs will be visually marked and should only be fitted in the correct ear.
4. Hold the end of the ear plug and insert it into your ear canal until you feel it fit snugly into the contours of your ears, if required put a small amount of lubricant on the tip of the earplug but please be aware not to block the acoustic filter outlet.
5. Test the fit. In a noisy environment, and with ear plugs inserted, cup both hands over your ears and release. You should not notice a significant difference in the noise level. If the noise seems to lessen when your hands are cupped over your ears, your ear plugs are probably not fitted properly. Remove them and refit following instructions.
6. Always remove ear plugs slowly. Break the seal with the ear canal gently by twisting slightly. If they are removed too quickly, there is a small possibility you could damage your ear drum.

**Please Note: Your ProGuards should be cleaned often in warm mild soapy water and dried thoroughly before use.**



**Marketed by:**

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